

Portland Institute for Loss and Transition

Grief Therapy Learning Retreat (March 31-April 4, 2023)

Program Schedule Overview

Legend

Techniques Modules	Case Studies	Practicum Modules	Orientation Modules
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Select sessions at this retreat have been reviewed and approved by the American Psychological Association's (APA) Office Continuing Education in Psychology (CEP) to offer Continuing Education (CE) credit for psychologists. Full attendance is required for sessions for which you are claiming CE credit. Partial credit is not awarded. The CEP Office maintains responsibility for the content of the program. **CE credits are not valid for psychologists reporting to the New York State Education Department's State Board for Psychology.**

TIME	FRIDAY (March 31)	SATURDAY (April 1)		SUNDAY (April 2)		MONDAY (April 3)		TUESDAY (April 4)			
8:00-9:00		BREAKFAST									
9:00-9:30		Plenary Exploring Compassion-Based Approaches to Loss and Grief (Harris)		Plenary The Art of Healing: A Dialogue with Three Bereaved Mothers Following the Traumatic Loss of A Child (Neimeyer, Strouse, Henry & Ladd)		Bonding & Binding & the Relationship Tree (Ng)	Retelling the Death Story with Children (Scout)	CHECK-OUT			
9:30-10:00								Self Compassion: Sustaining the Ability to Care in Challenging Times (Harris)	Nature-Based Rituals (Zampitella)		
10:00-10:30	Eden Energy Medicine: Individual Restorative Sessions	MORNING BREAK									
10:30-11:00											
11:00-11:30		From Corona Confusion to Artistic Profusion (Strouse, Vollmann & Neimeyer)		The Rowboat as A Metaphor for Meaning Reconstruction (Scout)	Reassembling the Pieces: Responsive Art Following Traumatic Loss (Strouse)		Superhero Grief (Harrington-LaMorie)	Art Therapy Altered Books: A Narrative Reframing after Traumatic Loss (Strouse & Vollmann)	CLOSING CEREMONY		
11:30-12:00											
12:00-12:30											
12:30-1:30		LUNCH									
1:30-2:00		The Body, the Expressive Arts and Somatic Experiencing via Depth Psychology (Lindemann)		Writing the Self in Loss and Transition (Lengelle)		Re-Composing the Self and System in Grief (Neimeyer)	Art Therapy in Rwanda: Giving Voice to Second Generation Genocide Survivors (Vollmann)		The Choreography of Imaginal Dialogues (Neimeyer)	Open Art Studio	
2:00-2:30							Self-Led Healing in a Broken-Hearted World (Krawchuk)				
2:30-3:00											
3:00-3:30		CHECK-IN							HOME SWEET HOME...		
3:30-4:00											
4:00-4:30	Plenary Intervening in Meaning (Neimeyer)										
4:30-5:30	FREE & EASY										
5:30-6:00	WELCOME RECEPTION										
6:00-6:30											
6:30-7:00	DINNER										
6:30-7:00											
7:00-7:30											
7:30-9:00					Yoga Nidra (Sager)						