

PORTLAND INSTITUTE FOR LOSS AND TRANSITION
Grief Therapy Learning Retreat (August 21-25, 2026)

Program Schedule Overview

Legend for PI Certification Credits:	Techniques	Practicum	Orientation	Case Studies
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TIME	FRIDAY (August 21st)	SATURDAY (August 22nd)		SUNDAY (August 23rd)		MONDAY (August 24th)		TUESDAY (August 25th)
7:30-8:30	The Journey Begins...	BREAKFAST						
8:30-9:00		Meaning-Centered Grief Therapy in Clinical Practice (Lichtenthal)		The Restorative Power of Community: Part I (Brooks, Maes & Rynearson)		Captured in a Box of Pain: Part I (Neimeyer)	Trauma-informed Grief Care through Zentangle: Part I (Greenbaum)	CHECK-OUT
9:00-9:30								The Arc of Grief, The Arc of Growth (Coplan)
9:30-10:00								
10:00-10:30		MORNING BREAK						
10:30-11:00		Facilitating Core Meaning-Making Processes in MCGT (Lichtenthal)		The Restorative Power of Community: Part II (Brooks, Maes & Rynearson)		Captured in a Box of Pain: Part II (Neimeyer)	Trauma-informed Grief Care through Zentangle: Part II (Greenbaum)	
11:00-11:30								
11:30-12:00								
12:00-1:00		LUNCH						
1:00-1:30			The Rowboat as a Metaphor for the Dual Process Model: Part I (Scaut)	Counterfactual Thinking in Bereavement (Mahat-Shamir & Pitcho)	Broken Heart Syndrome (Vaughans)	Moving with Resilience after Multiple Losses (Coenen)	Pockets of Reflection (Brooks)	The Five Laws of Transition: Part I (van Wielink)
1:30-2:00								
2:00-2:30								
2:30-3:00		AFTERNOON BREAK		FREE & EASY (Dinner on Your Own)		AFTERNOON BREAK		
3:00-3:30		The Rowboat as a Metaphor for the Dual Process Model: Part II (Scaut)	Seasons of Transition (Ng)			Pockets of Reflection (Brooks)	The Five Laws of Transition: Part II (van Wielink)	
3:30-4:00	WELCOME RECEPTION							
4:00-4:30								
4:30-5:00	Grief Attacks (Neimeyer)	Special Program: Forest Hike (4:45-6:15pm) OR Simply Go Easy		FREE & EASY (Dinner on Your Own)		Special Program: Birdwatching / Canopy Hike (4:45-6:15pm) OR Simply Go Easy		
5:00-5:30								
5:30-6:00								
6:00-6:30	CHECK-IN							
6:30-7:30	DINNER	DINNER						DINNER
7:30-8:30						Special Program: Campfire @Friendship Circle		