

**PORLAND INSTITUTE FOR LOSS AND TRANSITION**  
**Grief Therapy Learning Retreat (August 21-25, 2026)**  
Program Schedule Overview

Legend for PI Certification Credits:		Techniques	Practicum	Orientation	Case Studies
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TIME	FRIDAY (August 21st)	SATURDAY (August 22nd)		SUNDAY (August 23rd)		MONDAY (August 24th)		TUESDAY (August 25th)		
7:30-8:30	<i>The Journey Begins...</i>	BREAKFAST			MORNING BREAK			CHECK-OUT		
8:30-9:00		Meaning-Centered Grief Therapy in Clinical Practice (Lichtenthal)		The Restorative Power of Community: Part I (Brooks, Maes & Rynearson)		Captured in a Box of Pain: Part I (Neimeyer)	Trauma-informed Grief Care through Zentangle: Part I (Greenbaum)	The Arc of Grief, The Arc of Growth (Coplan)		
9:00-9:30										
9:30-10:00										
10:00-10:30										
10:30-11:00		Facilitating Core Meaning-Making Processes in MCGT (Lichtenthal)		The Restorative Power of Community: Part II (Brooks, Maes & Rynearson)		Captured in a Box of Pain: Part II (Neimeyer)	Trauma-informed Grief Care through Zentangle: Part II (Greenbaum)			
11:00-11:30										
11:30-12:00										
12:00-1:00						LUNCH				
1:00-1:30		The Rowboat as a Metaphor for the Dual Process Model: Part I (Scaut)	Counterfactual Thinking in Bereavement (Mahat-Shamir & Pitcho)	Broken Heart Syndrome (Vaughans)	Moving with Resilience after Multiple Losses (Coenen)	Pockets of Reflection (Brooks)	The Five Laws of Transition: Part I (van Wielink)	<i>Home Sweet Home...</i>		
1:30-2:00	<i>WELCOME RECEPTION</i>					AFTERNOON BREAK				
2:00-2:30		The Rowboat as a Metaphor for the Dual Process Model: Part II (Scaut)	Seasons of Transition (Ng)			AFTERNOON BREAK				
2:30-3:00										
3:00-3:30										
3:30-4:00										
4:00-4:30										
4:30-5:00	Grief Attacks (Neimeyer)	Special Program: Forest Hike (4:45-6:15pm)		FREE & EASY (Dinner on Your Own)		Special Program: Birdwatching / Canopy Hike (4:45-6:15pm)				
5:00-5:30										
5:30-6:00		OR Simply Go Easy				OR Simply Go Easy				
6:00-6:30	CHECK-IN	DINNER		DINNER		DINNER				
6:30-7:30										
7:30-8:30							Special Program: Campfire @Friendship Circle			