

**PORLAND INSTITUTE FOR LOSS AND TRANSITION**

**Grief Therapy Learning Retreat (August 21-25, 2026)**

**Program Schedule Overview**

Legend for PI Certification Credits:							
		Techniques	Practicum	Orientation	Case Studies		
TIME	FRIDAY (August 21st)	SATURDAY (August 22nd)		SUNDAY (August 23rd)		MONDAY (August 24th)	TUESDAY (August 25th)
7:30-8:30	<i>The Journey Begins...</i>			<b>BREAKFAST</b>			
8:30-9:00		Meaning-Centered Grief Therapy in Clinical Practice (Lichtenthal)		The Restorative Power of Community: Part I (Brooks, Maes & Rynearson)		Captured in a Box of Pain: Part I (Neimeyer)	Trauma-informed Grief Care through Zentangle: Part I (Greenbaum)
9:00-9:30							
9:30-10:00							
10:00-10:30				<b>MORNING BREAK</b>			
10:30-11:00		Facilitating Core Meaning-Making Processes in MCGT (Lichtenthal)		The Restorative Power of Community: Part II (Brooks, Maes & Rynearson)		Captured in a Box of Pain: Part II (Neimeyer)	Trauma-informed Grief Care through Zentangle: Part II (Greenbaum)
11:00-11:30							
11:30-12:00							
12:00-1:00				<b>LUNCH</b>			
1:00-1:30		The Rowboat as a Metaphor for the Dual Process Model: Part I (Scaut)	Counterfactual Thinking in Bereavement (Mahat-Shamir & Pitcho)	Broken Heart Syndrome (Vaughans)	Moving with Resilience after Multiple Losses (Claudia)	Pockets of Reflection (Maegan)	The Five Laws of Transition: Part I (van Wielink)
1:30-2:00							
2:00-2:30							
2:30-3:00		<b>AFTERNOON BREAK</b>					
3:00-3:30		The Rowboat as a Metaphor for the Dual Process Model: Part II (Scaut)	Seasons of Transition (Ng)				
3:30-4:00	<i>WELCOME RECEPTION</i>						
4:00-4:30							
4:30-5:00	<i>Grief Attacks (Neimeyer)</i>						
5:00-5:30							
5:30-6:00							
6:00-6:30		CHECK-IN					
6:30-7:30	DINNER	DINNER					
7:30-8:30							